



**NHC**  
JUST BECAUSE WE CARE

# NayarNews

2023 HOLIDAY EDITION

## A Season for Giving

*Annually, in anticipation of Thanksgiving, Nayar Health Care extends its heartfelt appreciation to our valued employees and partners. As a token of gratitude for their exceptional dedication and contributions throughout the year, we offer them the choice between a ham or turkey. It's our way of expressing gratitude for their outstanding efforts that make Nayar Health Care a success.*



### Championing Success: Celebrating the Exceptional Leadership at NHC

As 2023 comes to a close we applaud the outstanding dedication and perseverance exhibited by our managers at Nayar Health Care. Their unwavering commitment to fostering an environment of growth and success has not gone unnoticed. With exceptional patience and tireless effort, our managers have played a pivotal role in enabling our employees to reach their maximum potential. Their leadership has not only shaped the professional development of our team members but has also contributed significantly to the overall success of our organization. We extend our heartfelt appreciation to our managers for their hard work and dedication to the well-being and success of our employees.





EMPLOYEE FEATURE :

## Phoebe Weber: Exemplifying Dedication & Positivity

Despite shouldering additional responsibilities in her day-to-day role, Phoebe consistently demonstrates unwavering dedication. Not only has she seamlessly integrated these new tasks into her workload, but she has also done so with a smile and boundless enthusiasm. Phoebe's positive outlook, resilience, and proactive approach beautifully embody the vibrant spirit we value and celebrate at Nayar Health Care.

### Recognizing when it may be appropriate to consider Hospice Care for a loved one can be a challenging and emotional process.

These six signs serve as gentle reminders to consider hospice care, a specialized support that prioritizes comfort, dignity, and quality of life during a challenging time.

- 1) **Recurrent Health Challenges:**  
Frequent illnesses may indicate underlying health struggles.
- 2) **Deteriorating Health Despite Treatment:**  
Rapid health decline, despite interventions, may warrant a reassessment of the current approach.
- 3) **Frequent Hospitalizations or Emergency Room Visits:**  
Repeated hospital visits may suggest the inadequacy of the current care plan.
- 4) **Unmanaged Symptoms:**  
Uncontrolled pain, nausea, or vomiting requires exploration of options focused on comfort and relief.
- 5) **Increased Sleeping Time:**  
Excessive sleeping may signal fatigue, prompting a consideration of a change in care.
- 6) **Loss of Control Over Bodily Functions:**  
Changes in urinary or bowel control necessitate a compassionate approach to care.



For our team, Home Health Care is more than just a profession; it's a calling to provide dedicated care.



*"Anytime I have a patient who needs care or have questions they (Nayar Health Care) are 100% responsive and make sure the needs are met. Every family that I have referred to Nayar for care they have always been happy with the care received. I 1000% recommend this company."*

— Erin Jones, Agency Manager  
Americare Plus

This holiday season, Nayar Health Care extends heartfelt appreciation for the dedicated professionals in Hospice and Home Health Care, recognizing their profound impact on individuals and families facing challenging health circumstances. Amidst the festivities, these individuals provide not only essential medical support but also a comforting sense of dignity to patients with advanced illnesses, ensuring they receive personalized care in the familiar embrace of their homes. We express our gratitude to this compassionate group.



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