



**MEDICARE CERTIFIED  
& ACHC ACCREDITED**



## **STROKE RECOVERY PROGRAM**

NHC's Stroke Recovery Program is designed to build an individually customized care plan with the patient and the caregiver along with the multidisciplinary team to promote maximum functioning and reduce the complications from the after effects of a stroke.

### **NHC'S CARE TEAM FOCUSES ON HELPING PATIENTS REGAIN THEIR STRENGTH AFTER A STROKE**

#### **PATIENTS WHO WILL BENEFIT MAY HAVE ONE OR MORE OF THE FOLLOWING**

- Cardiovascular Accidents ( CVA )
- Dysphagia
- Paralysis
- Weakness

#### **OUR CARE TEAM WILL EDUCATE ON TECHNIQUES SUCH AS**

- Promote home safety and fall prevention
- Increase functional mobility
- Educate on early warning symptoms
- Educate on medication management and side effects
- Improve activities of daily living
- Prevent hospitalization and emergency room visits

**Excellence in Home Health Care**  
**Phone (804) 330-5433 Fax (804) 330-5423**  
**[www.NHC.life](http://www.NHC.life)**

